

**Case Study: expelled year 11 left without maths and English. Physical and Mental health issues. Estranged from Family. History of physical, sexual and emotional abuse
 Fled Domestic violence. Social care involvement from age 4. Multiagency working managed on CAF and CIN no need for CP. Client now in Education and Therapy
 Sensitive parenting to child. Child in nursery.**

Both parents engaged well.
 Multiple needs made it hard to deliver programme.
 Numerous referrals led to CAF and multiagency work
 Issues re ID and UK status affected benefits
 MH issues caused panic attacks

Intervention
 Stick with the programme not allow issues to overshadow it.
 Multiagency working and referrals to share load & CAF and support mental and physical health issues
 Smart choices, Pipe etc
 Good communication Skills
 Nurturing and increasing self-esteem and self-worth
 Practical support
 Continuity of FN especially through relocation.

Breastfed until 18 months
 Domestic violence
 Isolation no support
 Rehoused three times this affected benefits and continuity of care and community support
 Protective and attentive to child.
 Supported by Foodbank
 Disconnected from Mental and physical support due to move out of area.

Intervention
 Multiagency support
 Parenting skills
 Empowerment and encouragement.
 Goal setting
 Using all FNP programme materials
 Agenda matching
 Enabling her skills for daily living eg cooking
 Consistent and persistent
 Family Nurse

Back in Education
 Child in nursery and no longer CIN reaching milestones
 Immunisations up to date
 NO A&E attendances for child
 Mum managing anger issues
 More aware of controlling behaviour. Left Partner but is managing contact with child.
 Using LAC Implant
 Re-establishing relationship with parents and siblings on HER terms. Sharing her knowledge and experience and empowering others.



Without FNP: Client likely to have enduring mental health issues which could impact on her child. Possible suicide. Child could end up in care. Mum could have been lost in system. Questionable UK status. Could have been deported or denied access to Public Funds. Tolerated DV as no one to turn to. Unlikely to be in education or have secure tenancy. Poor physical health due to long term issues. Poor relationship with child.

Impact:
 Mum engaging with support for physical and mental health issues
 She has broken the cycle of deprivation and is insightful how to parent differently.
 Managing Family relationships in the best interest of herself and child
 Good bonding and attachment
 Child development & school readiness
 No repeat pregnancy. Secure tenancy
 Confident dealing with services
 NEET to EET now in education

Potential Savings to:
Mental Health services
Children Services
Police
Welfare benefits

